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# COVID-19 GUIDANCE

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Parents/Guardians/School Staff,

If you have questions about guidance and timeframes for what to do if sick (isolation) or exposed to COVID-19 (quarantine) please refer to the MCDPH [K-12 Schools and Childcare Facilities](#) web page and/or scan the CDC Quarantine & Isolation Calculator QR Code.

*CDC Quarantine & Isolation Calculator*



To report positive home COVID-19 test results and/or if further clarification is needed contact MCDPH CARES Team at 602.506.6767 and ask for a surveillance nurse or epidemiologist or scan the QR Code.

*MCDPH Contact for Parents & Staff*

