NAPAC NEWSLETTER September 2012

Welcome our new 2012-2013 School Year NAPAC Executive Board!



President- Tammy Whitaker Vice President-Tahnee Yazzie Secretary-Cherie Begay Treasurer- Melvina Begay

Parent Superintendent Council Representatives- Evelina Wilson, Rocky Begay and Gloria Yazzie K-8 Committee Member- Tammy Whitaker

September Announcements:

Please come out and support NAPAC with donation items or with your time at our fundraisers. It's a great time to get to know other NAPAC families.

Donation items: Lettuce, shredded cheese, tomatoes, onion, canola oil, honey, salsa, cinnamon.

Kyrene's Native American Parent Advisory Committee Fundraising events

Events	Dates	Time
Kyrene de la Mirada's Fall Festival	Friday, October 26, 2012	5:00-8:00 pm
Kyrene Akimel A-al's Multicultural Event	Wednesday, November 7, 2012	5:30-7:30 pm
Kyrene del Milenio's Movie Night	Friday, November 30, 2012	5:00-8:00 pm
Kyrene de la Mirada's Movie Night	Friday, April 19, 2013	5:00-8:00 pm

To get a food handler card, view information at:

http://www.maricopa.gov/EnvSvc/EnvHealth/SpecProg/FoodWorker/ApprovedSites.aspx

Test guide at: http://www.maricopa.gov/envsvc/envhealth/Pdf/Engbook.pdf

The Kyrene Resource Center needs food and hygiene items!

Did you know that in the month of August alone, our Center has distributed more than 400 food bags and hygiene kits for our families in need? Our food shelves are dangerously low on food and we need your help! Please contact kfvolunteer@cox.net to schedule a food drive or hygiene drive with your group, school, business, or organization. We will help you with flyers and identifying most needed items. Please consider a drive for our families.

Save the date - November 8: Kyrene Parent Summit

Mark your calendars for an evening of parent education workshops, with dinner and childcare included. The Kyrene Prevention Team along with the Kyrene Foundation are currently scheduling a multitude of 50 minute parent education workshops on topics such as *Understanding the Common Core*, *Planning for High School*, *Teen Drug Trends – synthetics*, *Bullying*, *Fostering positive parent-school relationships*, *advocating for your special needs child*, *and many more*. Additional information will be coming soon. In the meantime, mark your calendars and Save the date. We look forward to seeing you there!

Kyrene Parent Summit - Kyrene Middle School

Thursday, November 8

Dinner at 5:15, Sessions at 6:15 and 7:15 PM

Arizona Indian Education Association's Youth Conference 2012 Pre-Registration until October 12, 2012

The Conference will feature topics on Higher education, family/communities, health and wellness, culture, life skills, and more....

Who should attend? American Indian Youth 7th grade through college students

Date: October 29 & 30 at Northern Arizona University High Country Conference Center, 201 West Butler Avenue, Flagstaff, AZ 86001

Early Bird Registration Ends October 12, 2012-

To register visit www.aieacorp.org or contact Kathy Savala at kathy.savala@phxschools.org
For additional Information contact Kathleen Frank at kathleen.frank@nau.edu or Michael Luna at michael.luna@coconino.edu

Early Bird Registration REMINDER- 2012 Children's Obesity Conference

The conference will provide information on the latest childhood obesity research and trends, presenting successful evidence-based best practices and program with workshops that address the needs of families and community based entities to improve programs and services related to diet and nutrition, physical activity, self esteem and culture and diversity- more information can be found at www.worthyinstitute.com

Who should attend? Health care professionals, policymakers, civic leaders, parent, youth leaders and organizers, researchers, agricultural and local community-based food systems professionals, K-12, early childhood and after school professionals, business leaders, media professionals

December 6, 2012 8 am - 5 pm at Desert Willow Conference Center 4340 E. Cotton Center Blvd. Phoenix, AZ 85040

Areas of Interest: Methods to enhance better eating habits, Health effects of processed foods, Strategies for healthy afterschool behavior, Effects of bullying and methods of prevention, describe health disparities that exist related to childhood obesity, promote comprehensive systems and collaborate partnerships among health professionals that service youth.

Early Bird Registration Ends Sept. 30, 2012- To register visit www.worthyinstitute.com or contact Bianca Gonzalez bgonzalez@worthyinstitute.com Phone: (602) 258-3300 Fax: (602) 258-0282

VA Welcome Home Event Titled Veteranpalooza

You and your family are invited to join us for an afternoon of food, fun, and information. The purpose of this event is to **thank** our returning OEF/OIF/OND Veterans and their families and provide information and resources.

Event Details:

- Information from VA and Community support
- Education Opportunities * Scholarship & Financial Aid
- Family and Children Activities
- Refreshments

Location: Thursday, September 27, 2012 from 3:00 to 7:00 pm at Mesa Community College Campus

For more information contact darcy.breault@riosalado.edu

3rd Annual NATIVE HEALTH Children's Pageant

Saturday, October 6 at Metrocenter Mall in Phoenix

There are still spaces available for all age divisions. Application deadline is Wednesday, September 26.

For more information or to register your child please contact Lisa at (602) 279-5262 x 3117 or visit the website at: http://www.nativehealthphoenix.org/

Vertuccio Farms Fall Festival

September 28 through November 4, 2012

10 Acre Corn Maze, Extreme Air Pillow (NEW), Giant Tube Slide (NEW), Mini Hay Maze (for young children), Pumpkin Patch, Pedal Race Cars, Barrel Train Ride, Farm Animals, Bounce House, Playground, Teeter-Totter, Barn House Photo Op, Educational Pizza Farm*, and much, much more!

Admission Prices: Discounted pricing: \$5.00 per person (Ends Sept.23rd at Midnight), General Admission: \$8.00 per person (Sept. 24th- Nov. 4th), (Ages 3 and younger FREE when accompanied by a paying adult)

Hours of Operation: Monday-Thursday 9am-9pm, Friday-Saturday 9am-10pm, Sunday10am-6pm. **Groups (available Oct-Nov)** please call Angela 480-650-6611 for questions. If your group isn't large enough, you can receive \$1 off per admission if each person brings a non-perishable food item.

Location: 4011 South Power Road, Mesa, AZ or call 480-650-6611 for more information

Bring in a non-perishable food donation to receive \$1.00 off Admission. No other discounts applied.

McDonald's Hosts Family Health and Safety Day

September 29, 2012- 20,000 bike helmets to be distributed

PHOENIX, Ariz. – Sept. 5, 2012 – McDonald's restaurants throughout greater Phoenix and northern Arizona will host Family Health & Safety Day, Sept. 29, at 9 a.m., an unprecedented child safety event that will give away 20,000 bicycle helmets!

Arizona Safe Kids volunteers will be on site at McDonald's locations to properly fit the bicycle helmets. In addition, 50 McDonald's restaurant locations will host Health & Safety Fairs with state/county/city community service organizations providing health screenings and injury prevention information to local families. Visit http://community.mcdonalds.com/phoenix for McDonald's locations.

Who should attend? Parents that visit their local McDonald's restaurant with their children, ages 5 - 10, FREE bicycle helmet provided by the Arizona Chapter of American Academy of Pediatrics (AzAAP)

Locations: McDonald's restaurants in Maricopa, La Paz, Mohave, Yavapai, Coconino, Gila, Navajo, Apache, Graham, and Pinal counties. The FREE bicycle helmet offer excludes Wal-Mart and mall McDonald's restaurant locations.

Ahwatukee Fall Festival

"Trick and Treat"-ing in a controlled environment with free children's games, craft projects, bounce house providing entertainment for the entire family (foods and drinks sold separately)

Admission: Free

Hours of Operation: Saturday, October 27, 2012 from 10:00 am to 1:00 pm

Location: Inspire Kids Montessori Parking Lot, 4425 East Agave Road in Phoenix (44th Street and Ray Road behind the CVS

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